

ACADEMIC STAFF PROFILE

Personal Profile

Name: Edna Katiwa Thangu
Title/Qualification: Doctor (PHD)
Department: Recreation and Sports Management
Designation/Position: Lecturer
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PROFESSIONAL PROFILE

Dr. Edna Katiwa Thangu is a Kenyan sports researcher and university lecturer specializing in disability sport, adapted physical activity, inclusive physical activity, safe sport, gender and sport, and sport for development. Her work bridges scholarship, policy, practice and public value, with a strong focus on inclusive and safer sport systems in Kenya and Africa. She has served in academic leadership, departmental research coordination, postgraduate supervision and examination, curriculum development, safeguarding initiatives, Olympic studies development, sport policy engagement, gender equity platforms, and national and international sport-for-development collaborations.

AREAS OF SPECIALIZATION AND RESEARCH INTERESTS

- Disability Sport / Adapted Physical Activity
- Inclusive Physical Activity and Inclusive Physical Education
- Safe Sport, Safeguarding and Children's Rights in Sport
- Sport for Development and Peace
- Gender Equality and Women in Sport
- Olympic Studies, Olympic Values Education and Athlete Welfare
- Anti-Doping Education, Athlete Support Personnel and Sport Integrity
- University Sport, Sports Management, Sport Policy and Sport Governance

ACADEMIC QUALIFICATIONS

- 2015 - Doctor of Philosophy (PhD) in Disability Sports Studies, Kenyatta University.
- 2009 - Master of Science (MSc) in Exercise and Sport Science (Adapted Physical Activity), Kenyatta University.
- 2002 - Bachelor of Education (Arts), Kiswahili / Physical Education, Kenyatta University - First Class Honors.
- 1997 - Kenya Certificate of Secondary Education, St. George's Girls High School, Nairobi.

PROFESSIONAL QUALIFICATIONS, SHORT COURSES AND CERTIFICATIONS

- 2026 - Forming and Fostering Gender-Inclusive Organizations course by the Adidas Breaking Barriers Academy. Certificate of completion, 19 July 2026.
- 2026 - Participation in the 2025 International Safeguards for Children in Sport Pioneer Programme; International Safeguards for Children in Sport. Engagement included peer learning meetings, webinars, and feedback and programme activities to strengthen safer culture in sport organisations.
- 2026 - Gemini for Productivity and Research Training; Pawa IT Solutions Limited.
- 2025 - Monitoring, Evaluation, Research and Learning (MERL) Training Course; Olympic Solidarity / Advancing Olympism365 by inFocus. Certificate issued 26 February 2025.
- 2025 - Publishing Scholarly Books and Open Access in Humanities and Social Sciences Training by Taylor and Francis Group. Certificate of completion, 22 May 2025.
- 2025 - Training on the Use of Research Management System (Online); 13 February 2025.
- 2025 - Staff Sensitization on Science, Technology, and Innovation (STI) Mainstreaming; Kenyatta University and NACOSTI, 12-13 March 2025.
- 2025 - Sensitization on Competency Based Education; Kenyatta University, 14 May 2025.
- 2025 - Training on Guidebook and Training Programme Development; Laureus - Sport for Education and Sustainable Livelihoods in Africa (SESLA) and partners.
- 2025 - Use of Generative Artificial Intelligence to Enhance Teaching, Learning and Research in the University; Kenyatta University, 31 July-1 August 2025.
- 2025 - Webinar on Effective Graduate Mentoring; Directorate of Research, Capacity Development and Consultancy Services with Wright State University, 22 July 2025.
- 2025 - Training on Impactful University-Industry Partnerships by Directorate of Research, Capacity Development and Consultancy Services, Kenyatta University
- 2025 - Staff Mobility for Training (STT), Panteion University of Social and Political Sciences in Greece, Erasmus+ ICM Programme, 16-22 October 2025.
- 2025 - Pedagogical Skills Training - Improvement of Performance and Efficiency in the Public Service.
- 2024 - IOC Safeguarding Athletes from Harassment and Abuse Training by Athlete365, 14 July 2024.
- 2024 - Understanding Safe Sport as an Athlete; Safe Sport Commission, Singapore, 14 May 2024.
- 2024 - Building a Safe Sporting Organization for Sport Administrators Training by Safe Sport Commission, Singapore. On 15th May 2024.
- 2024 - Safer Play Training by Common Goal and UEFA Foundation for Children, Safeguarding in Sports for Development, 12 June 2024.
- 2024 - Understanding Safe Sport as a Parent; Singapore Safe Sport Commission, 30 June 2024.
- 2024 - Disability Centred Movement: Supporting Inclusive Physical Education; 2024/25 Orpheia Healthy Schools Communities.
- 2023 - Creating Safer Environments in Sports for All course by the Adidas Breaking Barriers Academy. Certificate of completion, 23 November 2023.
- 2023 - Introduction to Safeguarding in Sport and Sport for Development (S4D); Regional Project Sport for Development in Africa (S4DA), GIZ, African Union Sport Council, Sport for Development and Atingi, 28 March 2023.
- 2023 - Keeping Children Safe in Sport; Children Protection Hub, November 2023.

- 2023 - Sport for Gender Equality - Basic Level Training; Sport for Development, GIZ, GSU Cologne, April 2023.
- 2023 - Creating Safer Environment in Sport for All; Adidas, Common Goal and Women Win, 23 November 2023.
- 2023 - Safeguarding Essential Course: Introduction to Essential Safeguarding Knowledge for Sport; International Safeguards for Children in Sport / Open University, 12 July 2023.
- 2023 - Individualised Education Programme (IEP) Fair, Kenyatta University, 7 October 2023; themes included basics of an IEP, early intervention and mainstreaming, multidisciplinary team roles, learner readiness and integration policy.
- 2022 - Understanding Open Research; Taylor & Francis Group webinar, 20 July 2022.
- 2021 - Sports for Sustainable Development: Designing Effective Policies and Programmes.
- 2021 - Inclusive Recreation - Inclusion U Certified Inclusivity; Inclusive Recreation Resource Centre, SUNY Cortland, 9 April 2021.
- 2014 - Module Writing and E-Learning Pedagogy; Kenyatta University.
- 2013 - Teaching Methodology; Kenyatta University.
- 2013 - Physical Impairment Classification Course; AGITOS Foundation / IPC Athletics.
- 2012 - Setting, Moderating and Marking Examinations in Institutions of Higher Learning; Kenyatta University.
- 2010 - Basic Counselling Skills Awareness; Amani Counselling Centre.
- 2010 - Professional Training in Interpersonal Skills and Customer Service; Blossom Training.
- 2005 - Certificate in Community Based First Aid; Kenya Red Cross.
- 2005 - Certificate in Life-guarding and Lifesaving; Kenya Lifesaving and Lifeguards Association.
- 2005 - Outdoor Education Standard Course; Outward Bound Trust Kenya.
- 2005 - Speech, Language and Hearing Communication Therapy; Kestrel Manor School.
- 2001 - Outdoor Pursuits, Leisure and Recreation Course; Department of Physical Education, Kenyatta University.
- 1999 - Computer Packages: Windows, MS-DOS, MS Excel, MS Word and MS PowerPoint.

EMPLOYMENT HISTORY

- 2015 to date - Lecturer, Department of Recreation and Sports Management, Kenyatta University.
- 2010-2015 - Tutorial Fellow, Department of Recreation Management and Exercise Science, Kenyatta University.
- 2008-2010 - Physical Education Teacher and Form Tutor, Year 7, Rusinga School, Nairobi.
- 2006-2008 - Teaching Graduate Assistant, Department of Exercise, Recreation and Sport Science, Kenyatta University.
- 2005-2006 - Physical Education Teacher and Form Tutor, Year 8, Premier Academy, Nairobi.
- 2004-2005 - Head of Games Department and Physical Education Teacher, Kestrel Manor School, Nairobi.
- 2002-2003 - Head of Games Department and Physical Education / Kiswahili Teacher, Riara Springs Academy Girls High School, Nairobi.

RESEARCH, FUNDED PROJECTS AND STRATEGIC WORK

- 2026 - Country Contributor / Correspondent, CRISO Global Index on Children's Rights in Sport - Kenya country work: evidence mapping, institutional engagement and tool development for children's rights in sport.
- 2026 - Founding Team Member and Strategic Lead for Research, Inclusion and Public Engagement, Kenyatta University Centre for Olympic Studies (KUCOS). Mandate includes shaping an interdisciplinary and policy-relevant research agenda, coordinating research on inclusive sport, disability sport, safe sport, gender equity and sport for development, promoting knowledge products related to Olympism and the Olympic Movement, mentoring students and emerging researchers, and supporting community engagement and public-value initiatives.
- 2024-2026 - Sport Policy Mapping in Africa Research Programme, Kenya country team: John Njogu, Dr. Edna Thangu, Dr Orpha Nyakundi and Sheline Oyoo. Partnership initiative of the UNESCO Chair for Sport, Development and Peace (SDP) and Olympic Education, University of the Western Cape, in collaboration with AU Sports Council, IOC and UNESCO.
- 2025-2026 - Project Assistant / Subject Expert, Sport for Education and Sustainable Livelihoods in Africa (SESLA) Guidebook writing assignment. Kenya local implementation through Kenyatta University in partnership with Loughborough University; project supported by Laureus Sport for Good, the International Olympic Committee and Agence Française de Développement.
- 2019-2020 - Evaluating the Impact of Unified Schools' Programmes in Selected Primary Schools in Kenya. Team: Jane W. Mwangi, Edna K. Thangu, Susan Masila and Martin Kavuva. Funded by Special Olympics and American Institutes for Research. Grant: USD 10,589.
- 2014-2015 - Care and Management of Athletes' Medical Issues among East African Universities. Team: Francis M. Mwangi, Mary Mwihaki, Lucy-Joy Wachira, Edna Thangu and Elijah G. Rintaugu.
- 2013 - International Paralympic Committee Classification Research Collaboration: University of Queensland, Masinde Muliro University of Science and Technology and Kenyatta University. Assistant Coordinator - Kenya site. Funded by IPC. Grant: GBP 30,000.

PUBLICATIONS

REFEREED JOURNALS, BOOK AND POLICY OUTPUTS

- Njenga, D., Thangu, E., & Wachira, L. J. (2026). Physical Activity Behaviour and Use of Assistive Mobility Devices as Predictors of Health-Related Quality of Life among Learners with Physical Disabilities in Kenyan Special Secondary Schools. *Advanced Health and Exercise*, 6(1), 23-32.
<https://www.turkishkinesiology.com/index.php/ahe/article/view/219>
- Okoti, D., & Thangu, E. (2026). Coaches' Knowledge and Attitudes as Predictors of Safeguarding Practice in Sports: A Case of Nairobi Basketball Association League Coaches, Kenya. *Journal of Sports and Physical Education Studies*, 6(1), 30-42.
<https://doi.org/10.32996/jspes.2026.6.1.3>

- Njogu, J., Thangu, E., Nyakundi, O., & Oyoo, S. (2026). Sport Policy Mapping: Country Profile - Kenya. Sportanddev Resource Library. <https://www.sportanddev.org/research-and-learning/resource-library/country-sport-profile-kenya>
- Ajowi, C., Thangu, E., & Gitonga, E. (2025). Understanding the Respondents: A Descriptive Demographic Analysis of Women Football Coaches in a Gender Equity Study in Kenya. *International Journal of Innovative Research and Development*, 14(12). <https://doi.org/10.24940/ijird/2025/v14/i12/DEC25026>
- Thangu, E. (2025). An Overview of Disability Sport in Kenya: An Academic Perspective. In *National Council for Persons with Disabilities, Celebrating 20 Years of Disability, Diversity and Inclusion in Kenya* (pp. 74-75).
- Maru, R., & Thangu, E. (2025). Student-Athletes' Perceptions of Coaches' Coaching Competency in Kenyan Universities: The Case of Kenyatta University. *Journal of the Kenya National Commission for UNESCO*. DOI: 10.62049/jkncu.v5i1.421.
- Shao, A., Rintaugu, E. G., & Thangu, E. (2025). Doping in Athletics: Exploring Attitudes among Competitive Runners in Tanzania. *Scientific Journal of Sport and Performance*, 4(3), 401-413. <https://doi.org/10.55860/MKOC4869>
- Shao, A. B., Rintaugu, E. G., & Thangu, E. (2025). Doping Knowledge and Educational Needs of Tanzanian Competitive Runners: Implications for Stakeholders. *Journal of Sports and Physical Education Studies*, 5(2), 09-19. <https://doi.org/10.32996/jspes.2025.5.2.2>
- Mwangi, F. M., Rintaugu, E. G., Toriola, O. O., Yauma, M. S., Thangu, E. K., Fuku, N., Tian, X., & Kidokoro, T. (2025). Impact of an Anti-doping Education Session on Knowledge, Attitudes and Beliefs among University Students in Sports-related Programmes. *International Journal of Kinesiology and Sports Science*, 13(1), 54-63. <https://doi.org/10.7575/aiac.ijkss.v.13n.1p.54>
- Wanjira, J. K., Muhalia, J. C., & Thangu, E. K. (2023). Evaluation of General and Sport Nutrition Knowledge of Nairobi County Fitness Instructors. *International Journal of Research and Innovation in Social Sciences (IJRISS)*. Published 14 September 2023.
- Rotich, J., Rintaugu, E., & Thangu, E. (2023). Doping Knowledge, Attitude, and Experience of Pharmacists in Kenya. *Performance Enhancement and Health*, 100261. <https://doi.org/10.1016/j.peh.2023.100261>
- Rotich, J., Rintaugu, E., & Thangu, E. (2023). Anti-Doping Knowledge, Attitude, and Experience of General Practitioners in Kenya. *Spor Bilimleri Arastirmalari Dergisi*, 8(1), 79-98. <https://doi.org/10.25307/jssr.1200795>
- Mwangi, J. W., Thangu, E. K., Masila, S., & Kavua, M. (2021). Social Inclusion Impact among Learners with Intellectual Disability Participating in Unified Schools' Programmes in Kenya. *Journal of the Kenya National Commission for UNESCO*, 1, 49-58.
- Rintaugu, E. G., Thangu, E. K., Oyeyemi, A., & Monyeke, M. A. (2020). Sexual Behaviour Patterns of Kenyan University Student-Athletes: Implications for Sports Managers. *Baltic Journal of Sport and Health Sciences*, 3(118), 33-42. <https://doi.org/10.33607/bjshs.v3i118.962>
- Rintaugu, E. G., Mwangi, F. M., Thangu, E. K., & Otieno. (2020). Relationship between Participation Motives and Connection to Soccer of Male University Players. *International Journal of Psychology and Counselling*, 12(4), 152-158. <https://doi.org/10.5897/IJPC2020.0618>
- Maithya, E. K. (2011). Effect of Structural Physical Exercises on Stereotype Behavior in Autism. VDM Verlag Dr. Muller, Berlin, Germany. ISBN: 978-3-639-30764.

- Thangu, E. K., Wanderi, P., & Andanje, M. (2010). Management of Stereotype Behavior in Autism: Efficacy of Structured Physical Exercises on Gender. *International Journal of Research in Counselling and Sports Sciences (IJOORECS)*, 1(1).

CONFERENCE, WORKSHOP AND SEMINAR PAPERS / PRESENTATIONS

- Thangu, E. (2025). Universities at the Centre of Gender, Media, and Safeguarding Reform. Panel presentation at Advancing Gender in Media and Civil Society Organisations Close-Out Symposium, Nairobi Serena Hotel, 9 December 2025.
- Thangu, E. (2025). Role of Sports on Neurodivergent Individuals. Panel presentation at Dyslexia Rising Africa Conference 2025, Kenya Institute of Special Education.
- Thangu, E. (2025). Sports and Social Innovation: Catalyst for Africa's Economy. Panel contribution at the 8th Annual Africa Conference on Social Entrepreneurship (AACOSE), Tangaza University, 14-16 May 2025.
- Thangu, E. (2025). Successful EU-Africa Academic Collaborations. Academic panel contribution at Africa-Greece Entrepreneurship (AGE) Summit 2025, Impact Hub, Athens, Greece.
- Maru Kamau, R., & Thangu, E. Enhancing Coaching Competency for Sustainable Sports Development in Kenyan Universities: A Study of Student-Athletes' Perspectives at Kenyatta University.
- Omwenga, W. O., & Thangu, E. Knowledge and Compliance with the Therapeutic Use Exemption Process among Elite Long-Distance Runners in Kenya: A Case of Keiyo North Sub-County, Kenya.
- Thangu, E., Mbuthia, A., Muthomi, N., Agure, S., Njenga, D., Kimunio, I., Mbui, K., & Nato, J. The Socio-Economic Contribution of Sports to the Kenyan Economy: The Missing Link.
- Wanjira, J., & Thangu, E. The Educational Role of Kenya Teachers' Colleges Sports. First Annual International Conference on Research and Innovation in Education, University of Nairobi, Kenya, 24-26 October 2018.
- Mwangi, F. M., Mwihaki, M., Wachira, L., Thangu, E., & Rintaugu, E. Care and Management of Athletes' Medical Issues among East African Universities. International Convention on Science, Education and Medicine in Sports (ICSEMIS 2016), Santos, Brazil, 31 August-4 September 2016.
- Bogonko, L., Phillips, J., & Thangu, E. A Descriptive Study of Sports Injury Prevention Strategies and Safety Practices among Male Elite Rugby Football Clubs in Kenya. 2nd International Conference on Physical Activity and Sports for Health and Development in Africa (IC-PASHDA 2016), Kenyatta University, 21-23 September 2016.
- Thangu, E., Mwisukha, A., & Bukhala, P. Motivation for Participation in Sport among Athletes with Physical Impairment who Participate in Running Events in Kenya. East-African Athletic and Social Sciences International Conference, Addis Ababa University, Ethiopia, 29 June-1 July 2015.
- Spathis, J., Mark, J., Beckman, E., Thangu, E., Reina, R., Bukhala, P., & Tweedy, S. Evaluating a Battery of Tests Designed to Predict Running Performance in Runners with Brain Impairments Recruited from Kenya and Australia. VISTA Conference, Girona-Barcelona, Spain, 7-10 October 2015.

- Thangu, E. Performance of Kenyan Athletes with Physical Impairments on Classification Activity Limitation Tests for Running Events and Related Contextual Factors. 29th Kenyatta University Postgraduate Seminar, Nairobi, Kenya, 6 July 2015.
- Thangu, E. Assessing the Performance of Activity Limitation Tests for Running Events in Athletes with Cerebral Palsy. IPC Disability Sport Workshop, Kenyatta University, 14 May 2011.

CONFERENCES, SUMMITS AND SYMPOSIA ATTENDED / PARTICIPATED IN

- 2026 - Safe Sport Global Conference 2026: Advancing Athlete Safety through Collaboration, Research and Global Leadership, University of Cape Town, South Africa, 25-26 May 2026; attended virtually.
- 2026 - Online Symposium on Sport Policy Mapping: Building Bridges through Sport and Development Policy Country Mapping; launch of the first 10 African country profiles, 9 April 2026.
- 2025 - National Olympic Committee of Kenya Gender Conference, 27-29 January 2025.
- 2025 - Pan-African Summit: United through Sport to Fight Gender Based Violence and Promote Mental Well-being.
- 2025 - Kenya Academy of Sports Career Symposium, KICC, 6-8 August 2025.
- 2025 - Symposium on International Day of University Sports, Kenyatta University, 20 September 2025; in attendance.
- 2025 - Safeguarding in Sport Conference 2025, Safe Sport International, virtual, 26-27 November 2025.
- 2025 - African Women in Sports Initiative (AWISI) Summit 2025: Uniting to Celebrate, Amplify, Advance and Safeguard Women in Sports, Uganda, 28-29 November 2025.
- 2024 - 3rd African Football Business Summit: Transforming Our Game, Weston Hotel, Nairobi, 24-25 October 2024.
- 2024 - 1st Sports Tech Africa Conference: Impact of Tech and Science in Sports Development and Performance, Strathmore Business School, Nairobi, 16-17 October 2024.
- 2024 - 8th ICHPER.SD Africa Regional Congress: Enhancing Professional Practice and Sustainable Development in PE, Sport and Related Fields through Education and Research, 11-13 September 2024.
- 2024 - Kenya Academy of Sports Research Seminar, 20-22 February 2024.
- 2024 - Kenya Academy of Sports 4th Annual International Sports Conference; Panel Reviewer in Presentation of Papers, 24-26 June 2024.
- 2023 - 3rd Annual International Sports Conference, Kenya Academy of Sports, 12-14 June 2023.
- 2023 - 5th International Business Research and Industrial Conference (IBRIC), 22-25 June 2023.
- 2022 - 10th Federation of African Universities Sports (FASU) Pre-Games International Symposium, 2-3 June 2022; Session Chair.
- 2022 - 2nd International Sports Conference, Kenya Academy of Sports, Nairobi, 15-17 June 2022.
- 2019 - Kenyatta University Biennial Research and Innovation Conference, 23-25 October 2019.

WORKSHOPS, SEMINARS, WEBINARS AND TRAININGS ATTENDED / FACILITATED

- 2025 - Faculty Sensitization on Building a Vibrant Community of Writers; delivered by the Department RIO Coordinator, 11 July 2025.
- 2025 - Webinar on Creating Safe Spaces for Women and Girls in Higher Education Institutions and the Workplace, DVC-RIO Kenyatta University and University of Warwick, 8 December 2025.
- 2025 - She Drives Sports Young Women Leaders Training Cohort 1, webinar, 30 January 2025; guest speaker.
- 2025 - Virtual Sensitisation on Olympic Values Education Programme to KUCOS members, in collaboration with NOC-K, 18 September 2025.
- 2024 - Kenyatta University Model School Sports Education Training; presentation on Inclusion in Sport and Physical Education, 30 April 2024.
- 2024 - PARA + Adaptive Sports Medicine BJSM Live Webinar, 27 August 2024.
- 2024 - School of Business, Economics and Tourism Grant Proposal Writing Workshop; Moderator, 25 March 2024.
- 2024 - Induction Workshop for School and Departmental Research, Innovation and Outreach Boards, Kenyatta University, 8-9 February 2024; theme: Enhancing Research Culture within KU.
- 2022 - Innovation, Technology Transfer and Commercialisation: Positioning Departments as Hotspots of Innovation and Industry Partners, Kenyatta University.
- 2021 - Capacity Building on Green Economy and Sustainability, UNESCO Chair on Higher Education Development for a Green Economy and Sustainability (HEDGES), 28 October 2021.
- 2021 - Mid-Term Review of Strategic Plan (2018-2022) Stakeholders Validation Workshop, Tourism Regulatory Authority.
- 2021 - Technical and Vocational Education and Training (TVET) Curriculum Development Training, Kenyatta University.
- 2019 - Research Publications and Grant Writing, School of Hospitality, Tourism and Leisure Studies, Kenyatta University, 9 October 2019.
- 2019 - Evaluation Guide Training and Adaptation, American Institutes for Research and Special Olympics International, 8-10 July 2019.
- 2019 - Facilitator, Workshop on Postgraduate Studies Guidelines Development, School of Hospitality, Tourism and Leisure Studies, Kenyatta University, 14 March 2019.
- 2018 - Kenya Institute of Curriculum Development Competence Based Curriculum for Grade 4-6 Scope and Sequence Charts.
- 2016 - Social Science Research Methodology Workshop, French Institute for Research Development (IRD) and MMUST, June 2016.
- 2015 - Physiology and Anatomy Workshop, Axiology Labs South Africa and Kenyatta University.
- 2015 - Participatory and Action Research Approaches, Kenyatta University.
- 2007 - Kenya Institute of Education Writing Workshop to Develop Communication Skills Syllabus for Learners with Autism.

POSTGRADUATE SUPERVISION

MASTERS

- Kinuthia Jane Wanjiru, Reg. No: H108/OL/CTY/26913/2015 - Safeguarding and Safe Sport Promotion Practices by Private Schools in Nairobi City County, Kenya (Collecting data).
- Philip Namasaka, Reg. No.: H108/OL/CTY/21192/2023 - Exercise Conformity and Quality of Life among Gym Clients in Nairobi City County, Kenya (Collecting data).
- Robert Maru, Reg. No. H108/OL/CTY/24691/2024 - Mental Health Literacy and Mental Well Being among Coaches in Universities in Kenya: Implications for Athlete Well-Being (Collecting Data).
- Loise Wanjiku Wambui, Reg No: H108/OL/CTY/20382/2023 - Exploring Perceived Inclusion of Students with Disabilities in Public and Private Universities in Kenya (Writing Proposal).
- Judy Wanjiru Ndiritu, - Reg No: H108/OL/CTY/21791/2023 - Exploring the Role of Physical and Social Safe Spaces on Women's Football Participation in Nairobi Kenya. (Writing Proposal).
- Nicholas Aballa Abok - Reg. No: H108/OL/CTY/21142/2023 - Status of Monitoring, Evaluation, Research and Learning Systems: A Case Study of Sports for Development Organisations In Nairobi, Kenya. (Developing Proposal).
- Kamau G. Mbugua, Reg. No. H108/27415/2021 - Safety Awareness and Perceptions of Safesport Practices among Elite Swimmers in Kenya (Developing Proposal).
- Yohana Magongo H108EA/2917/2014 - Knowledge and Attitudes of Primary School Teachers towards Inclusive Sports in Morogoro Urban, Tanzania. Status: (Finalising proposal)
- George Musumba H108/CE/26467/2012 - Analysis into the Engagement in Sport Activities among Special Needs Primary School Pupils in Busia County, Kenya. Status: Developing proposal.
- Mercy N. Mureithi H108/38648/2016 - The Impact of a Short-Term Wellness Intervention Programme on Physical and Emotional Health of Employees in ABC Limited. Status: Developing proposal.
- John Achieng' Ang'awa H60/CE/26470/2013 - Implementation of Individualised Education Programme in Teaching Adapted Physical Education to Learners with Cerebral Palsy in Special Schools, Kisumu County, Kenya. Status: Developing proposal.

PhD

- Ajowi C. Achieng' H87/39700/2016 - Allyship as a Strategy in Achieving Gender Equity in Sports Coaching in Kenya: A Survey of Women Football Coaches. (Waiting to defend).
- Avelina B. Shao H87EA/27716/2019 - Knowledge, Attitude and Educational Needs towards Doping among Athletes and Coaches in Competitive Running in Tanzania. Status: Thesis stage; publications generated from the PhD research. (Graduated July 2026).
- Jonathan Rotich H87/28033/2018 - Anti-Doping Knowledge, Attitude and Experiences of General Practitioners and Pharmacists in Selected Counties in Kenya. (Graduated July 2023).
- Daniel Njenga Gaita H87/31319/2015 - Physical Activity Behaviour, its Correlates and Efficacy of School-Based Interventions among Learners with Physical Disabilities in Kenyan Special Secondary Schools. (Graduated December 2021).

- Joyce Muthoni Mwangi H87/32219/2015 - Association of Built Environment Characteristics on Non-School-Based Physical Activity of 9-12-Year-Olds in Selected Neighbourhoods in Nairobi City County, Kenya. Status: (Data collection).

POSTGRADUATE DIPLOMA

- John Ngota Okwemba, - REG NO: H67/CTY /2021 - Sports Advocacy in Mitigating Climate Change Effects in Nairobi City County, Kenya. (Writing Proposal).
- Stephen Mwanzia – H67/OL/CTY/20046/2023 - Promoting and Sustaining Gender Equality in Leadership Positions within Sports Federations in Kenya. (Writing Proposal).
- Martin Buluma - Reg No: H67/OL/CTY/21549/2023 - Influence of Coaches' Leadership Styles on Player Motivation and Performance in Football Kenya Federation Women's Premier League. Collecting data. (Collecting data).
- David Okoti, - Reg No: H67/OL/CTY/21549/2023 - Coaches' Knowledge and Attitudes as Predictors of Safeguarding Practice in Sports: A Case of Nairobi Basketball Association League Coaches, Kenya. Graduated 2026
- Kefah Kemosi Masi, - Reg No: H67/Ol/Cty/21194/2021- Level Of Awareness And Attitude Towards Athletes' Rights Among Kenyan Handball League Players. Graduated 2026
- Robert Maru Kamau H67/OL/CTY/21740/2022 - Student-Athletes' Perceptions of Coaches' Coaching Competency in Kenyan Universities: The Case of Kenyatta University. Graduated July 2024.
- Walter Omwenga Obegi - H67/OL/CTY/21572/2021 - Sports and Medication: Knowledge, Attitude and Compliance with the International Standard of Therapeutic Use Exemption among Kenyan Elite Athletes. Graduated July 2024.
- Ronney S. Mandu - H67/OL/CTY/21221/2021 - Knowledge of the Prohibited List by Elite Track and Field Athletes in Kapsabet Ward, Nandi County, Kenya. Graduated December 2022.

THESIS EXAMINATION

- 2026 - Internal Examiner, PhD Thesis: Sports Sponsorship and Brand Awareness Influence on Customer Purchase Decision of Adonko Next Level Energy Drink in Ghana, by Mr. Mubarik Mahama. Graduate School, Kenyatta University, Ref: PHD/124/2025; acknowledgement dated 4 May 2026.
- 2025 - Internal Examiner, M.A. Thesis: Analysis of Socio-Economic Aspects of Youth Participation in Athletics in Nandi County, Kenya. Graduate School, Kenyatta University, Ref: MASTERS/TH/154/2025; 27 June 2025.
- 2024 - Margaret Gati, RefNo: Masters/TH/094/2024. MSc Thesis: Influence of Kenya Inter-County Games on Development of Sports Facilities in the Host Counties; 16 April 2024.
- 2021 - Regina Akuffo Darko, Ref No: PHD/119/2020. PhD Thesis: Adequacy of University Student-Teacher Preparation Programme towards Achieving Inclusion of Learners with Disability in Practical Education Lessons in Ghana.
- 2021 - Rachael K. Waswa, Ref No: M/TH/171/2020. MSc Thesis: Infrastructural and Instructional Determinants of Participation in Physical Education by Primary School Learners with Hearing Impairments in Western Region, Kenya.

- 2019 - John Mpondova Chilima Kaoche, Ref No: H108F/29581/2014. MSc Thesis: Knowledge and Attitudes on Doping by Amateur Football Athletes, Coaches and Sponsors in Blantyre and Lilongwe, Malawi.
- 2017 - Lilian Mugisha, Ref No: H108EA/25700/2011. MSc Thesis: Demographic and Physical Environmental Influences on Participation in Physical Activity among High School Students in Kampala, Uganda.
- 2017 - Stella Nasimiyu, Ref No: H108/CE/22619/2010. MSc Thesis: Physical Education Safety Precaution Practices in Private Primary Schools in Nairobi City County, Kenya.
- 2016 - Irene Wangari Njuguna, Ref No: H108/12989/2009. MSc Thesis: Implementation of the Physical Education Curriculum in Secondary Schools for Students with Physical Disability in Kenya.

PROFESSIONAL SERVICE, CONSULTANCY, ADVISORY AND PEER REVIEW

- 2026 - Judge, AWISI Women of Impact in Sports Awards 2026, recognising women whose achievements advance gender equality through sport.
- 2025-2029 - Member, Voluntary Working Committee on Strategic Planning, African Women in Sports Initiative (AWISI), supporting organisational strategy, advocacy and advancement of women in sport across Africa.
- 2025 - Invited expert stakeholder, National Sports Policy Review Consultative Forum, State Department for Sports, Kenya.
- 2024, Member of the Advisory Committee of UNESCO Chair in Sport for Development, Peace and the Environment (SDPE). Institute of European Sport Development and Leisure Studies; Cologne.
- 2023 - Support Expert, Development of a Strategic Plan in Sports Management for Ulinzi Sports Complex, Lang'ata; consultancy fee KShs. 200,000.
- 2023 - Peer Review: The Management of Sport in South Africa by Prof. Win Hollander and Dr. Louis Nolte, 12 September 2023.
- 2021, External Reviewer, 2021 MMUST Research Grant Proposals, Directorate of Research and Postgraduate Support, Masinde Muliro University of Science and Technology, Kenya.

ADMINISTRATIVE AND UNIVERSITY LEADERSHIP POSITIONS

- 2024-2027 - Departmental Research, Innovation and Outreach Coordinator, Department of Recreation and Sports Management, Kenyatta University (initial appointment: 1 January 2024-31 December 2025; renewed: 1 January 2026-31 December 2027).
- 2026 - Rapporteur, 51st Annual Postgraduate Seminar for Masters Graduands, School of Business, Economics and Tourism, Kenyatta University, 1 July 2026.
- 2025 - Rapporteur, Annual Postgraduate Seminar for Masters Graduands, School of Business, Economics and Tourism, Kenyatta University, 3 December 2025.
- 2026 - Chair, Launch Committee, Kenyatta University Centre for Olympic Studies (KUCOS), launched 16 June 2026.
- 2024 - Member, Departmental Programme Development Committee, Department of Recreation and Sports Management, Kenyatta University, effective 7 November 2024.
- 2024 - Committee on Application Writing for Hosting an Academic Olympic Studies and Research Centre at Kenyatta University, 15 August 2024.

- 2024 - Session Chair and Local Organising Committee Member, 2nd International Conference on Women's Economic Empowerment, Kenyatta University, 24-26 July 2024.
- 2024 - Member, Industry and International Linkages Sub-Committee and Rapporteur, 6th International Business Research and Industrial Conference (IBRIC), Kenyatta University.
- 2024 - Member, School of Business, Economics and Tourism Journal Committee and TOR 4/5 Sub-Committee.
- 2024 - Co-opted Local Organising Committee Member, Resource Mobilisation Sub-Committee, 8th ICHPER.SD Africa Region Congress, 19 February 2024.
- October 2018 - October 2022 - Chairperson, Department of Recreation and Sports Management, Kenyatta University.
- October 2021 - Senate Representative, Students' Disciplinary Committee (SDC), Kenyatta University.
- August 2015 - September 2018 - Examinations Coordinator, Department of Recreation Management and Exercise Science.
- 2023 – Appointment as Co-Chair, Committee on Vetting and Rationalizing Departmental Field Trip Plans, Kenyatta University.
- 2023 - Appointment; Member of University Programme Development Committee.
- 2023 - Member, School Collaboration and Industry Linkages Committee, School of Business, Economics and Tourism.
- 2021 - Appointed to Department Curriculum Development and Review Committee for postgraduate Masters and PhD programmes.
- 2022 - Organizing Committee Member, 10th All Africa University Games, Kenyatta University, 6-10 June 2022.
- 2020 - Member, Protocol, Hospitality and Ceremonies Sub-Committee for the 10th Federation of African Universities Sports, Kenyatta University.
- 2019 - Member, Sports Engineering and Technology Committee Kenyatta University.
- 2018 - Secretary, University Committee on Expression of Interest to Host FIFA/CIES Executive Programme in Sports Management.
- 2017 - Member, LOC, World U18 Athletics Championship Pre-Games International Symposium, Kenyatta University.
- 2016 - Member, LOC, 2nd Physical Activity and Sports for Health and Development in Africa (PASHDA), Kenyatta University.
- 2011 - LOC Member, Kenyatta University / IPC Sports Science Committee Workshop.
- 2010 - Member, Sub-Committee, 7th East Africa University Games, Kenyatta University.
- 2010 - LOC Member, 17th Biennial Conference of the International Society for Comparative Physical Education and Sport, Kenyatta University.

COMMUNITY SERVICE AND OTHER ENGAGEMENTS

- 2025 - Sports mentorship through Equity Sports Virtual Mentorship Series, supporting youth awareness of sports and talent development as viable career pathways.
- 2025 - Departmental engagement in International Day for Sport and Development and Peace event at Kenyatta University, 4 April 2025.
- 2024 - Departmental youth mental-health and physical-activity outreach through the Fit for Life Symposium, Kenyatta University, supported by KNATCOM Fit for Life Initiative.

- 2019-2023 - Board of Governors Member and Education and Human Resource Committee Member, Kenya Community Centre for Learning.
- 2018 - Kenya Institute of Curriculum Development (KICD) Physical Education Panel for Competency Based Curriculum, Grade 3.
- 1999 to date - Volunteer, Special Olympics Kenya.
- 1999 to date - Volunteer/engaged stakeholder, Kenya National Paralympic Committee.

PROFESSIONAL AFFILIATIONS

- Member, Kenya Red Cross.
- Member, Kenya Association for Physical and Health Education, Recreation, Sports and Dance (KAPHER-SD).
- Member, International Society for Comparative Physical Education and Sport (ISCPES).
- Engaged in disability sport, inclusive physical activity, safe sport and sport-for-development professional networks.

REFEREES

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