

CURRICULUM VITAE

Name

Vincent Muasya

1. EDUCATIONAL BACKGROUND

2018	PhD (Sports Psychology)
2007	M Sc (Exercise Science)
2001	B Ed (Physical Education)

2. WORK /ACADEMIC EXPERIENCE

2007-to date: Teaching, Supervising, Setting, Moderating & Marking Examinations (Kenyatta University, Department of Recreation & Sports Management).

2000-2006: Lead Fitness Instructor, Kenyatta University Health & Recreation Centre.

3. CORPORATE WELLNESS & FITNESS CONSULTANT

• OILIBYA	2003-2007
• EABL	2007-2009
• SHELL OIL LTD	2007-2009
• AGRO CHEMICALS LTD	2008-2012
• BODY& SPIRIT GROUP OF GYMS	2007-to date
• SONY SUGAR (AWENDO)	2008- to date
• ATLAS COPCO	2012-to date
• NBK	2015-2017
• AON MINET	2014-to date
• COOPERATIVE BANK	2018-2019
• KCB	2018-to date

4. FITNESS & WELLNESS SEMINARS FACILITATED

• KCB (Leadership Centre)	October 2019
• Coca Cola Bottlers (Molo)	May 2019
• Price Water Coopers	June 2019
• Kenya Business Council	August 2017
• Kenya Parliamentary Fitness Centre	August 2017
• Kenya Commercial Bank	July 2017

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| • Cooperative Bank | June 2017 |
| • Unga Group Limited | September 2016 |
| • Nation Media Group | July 2016 |
| • Kiss FM | March 2016 |
| • Coca Cola | October 2015 |
| • Toyota Ltd | June 2015 |
| • ICEA | May 2015 |

Seminar Topics Covered:

- Fitness and Exercise at the Work place
- Exercise Ergonomics
- Emerging Trends in the Fitness Industry
- Legal Issues in the Fitness industry
- Vitality & Exercise at the Work place
- Professional Ethics in the Fitness Industry

REFEREES

1. Prof. Elijah Gitonga
Dean (School of Hospitality, Tourism & Leisure Studies)
Kenyatta University

2. Dr. Edna Thangu
Chairperson (Department of Recreation and Sports Management)
Kenyatta University